

**Tamarac Parks and Recreation
presents**



Vegan Doctor in the house

*The Latest in Human Nutrition:
Feeding Families to Prevent, Treat,
& Reverse Chronic Disease*

February 25th, 6:30pm-9pm
Tamarac Community Center Ballroom
8601 W. Commercial Blvd.
Tamarac, FL 33351

**Learn the
Secrets of
Good Health!**

Michael Greger, M.D. is a physician, prize-winning cook, author, and an internationally recognized speaker on nutrition, food safety, and a number of public health issues. Dr. Greger, a graduate of Cornell University of Agriculture and Tufts University School of Medicine, is a general practitioner specializing in vegetarian nutrition and is a founding member of the American College of Lifestyle Medicine.

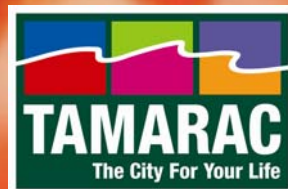
Dr. Greger, one of the world's foremost doctors on nutritional medicine, offers practical advice on how best to feed ourselves and our families to prevent, treat, and even reverse chronic disease in an engaging interactive quiz show format.

Don't miss this one time special appearance by Dr. Michael Greger. Enjoy delicious, healthy food samples before this FREE presentation. Food samples will be served at 6:30pm.

Good HEALTH...It Starts in Parks



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**It Starts
in Parks™**

For more information contact 954-597-3620